

# Delhi Public School, Numaligarh

Class: XI

Scheme of Work: 2025-26

Sub: English

S.N	Month	No. of ID	HORNBILL	Writing
2	May-2025	17 (approx)	The Portrait of a Lady A Photograph We're Not Afraid to Die... if We Can All be Together	Posters Advertisement
3	June-2025	10	Discovering Tut: the Saga Continues The Laburnum Top	Note Making Grammar
4	July-2025	09	The Voice of the Rain	Note Making
5	Aug-2025	23	Childhood The Adventure	Debate Writing
6	Sep-2025	16	SNAPSHOTS The Summer of the Beautiful White Horse The Address Revision	Speech Writing
7	Oct-2025	20	HORNBILL Silk Road Father to Son	
			SNAPSHOTS	
8	Nov-2025	22	Mother's Day	Debate Writing
9	Dec-2025	11		Speech Writing Grammar
10	Jan-2025	21	Birth The Tale of Melon City	
11	Feb-2025	23	Revision	
12	March-2025	19	Examination	

### Portion for Assessments-2025-26

PT-1	The Portrait of a Lady A Photograph We're Not Afraid to Die... if We Can All be Together Discovering Tut: the Saga Continues The Laburnum Top	Posters	Comprehension
Half Yearly Exam	We're Not Afraid to Die... if We Can All be Together Discovering Tut: the Saga Continues The Laburnum Top The Voice of the Rain Childhood The Adventure The Summer of the Beautiful White Horse The Address	Advertisement Posters Speech Writing Report Writing	Comprehension Note Making
PT-2	Silk Road Father to Son Mother's Day	Advertisement Posters	Comprehension Note Making
Annual Exam	Full Syllabus		

### Projects/Subject Enrichment Activities

Month	Activity	Objective/s	Details & Evaluation
Aug-Sept 2025	Assessment of Speaking and Listening	<ul style="list-style-type: none"> <li>To listen to lectures and talks and to be able to extract relevant and useful information for a specific purpose</li> <li>To develop the art of formal public speaking</li> </ul>	A Listening Skill test and a Speaking Skill test will be conducted
June 2025	Project	<ul style="list-style-type: none"> <li>To listen to a podcast and write a report or Debate on the chosen topic</li> </ul>	As per CBSE guidelines

**Class: XI****Scheme of Work: 2025-26****Sub: Sociology**

S.N	Month	No. of ID	Chapters
1.	May'25	17	Chapter 1: Sociology and society Chapter 2: Terms, concepts and their use in Sociology
2.	June	10	Chapter 2: Terms, concepts and their use in Sociology
3.	July	09	Chapter 3: Understanding Social Institutions Research Methods
4.	Aug	23	Chapter 3: Understanding Social Institutions Chapter 4: Culture and Socialisation
5.	Sep	16	Chapter 4: Culture and Socialisation Chapter 7: Social Change and social order in rural and urban
6.	Oct	20	Revision
7.	Nov	22	Chapter 7: Social Change and social order in rural and urban
8.	Dec	11	Chapter 9: Introducing Western sociologists
9.	Jan-2026	21	Chapter 10: Indian Sociologists Revision
10.	Feb	23	Revision Annual Examination
11.	March	19	Annual Examination

### Portion for Assessments-2025-26

<b>PT-1</b>	<ol style="list-style-type: none"> <li>1. Sociology and society</li> <li>2. Terms, concepts and their use in Sociology</li> </ol>
<b>Half Exam</b> <b>Yearly</b>	<ol style="list-style-type: none"> <li>1. Sociology and society</li> <li>2. Terms, concepts and their use in Sociology</li> <li>3. Understanding Social Institutions</li> <li>4. Culture and Socialisation</li> <li>5. Social change and social order in rural and urban society</li> </ol>
<b>PT-2</b>	<ol style="list-style-type: none"> <li>1. Introducing Western Sociologists</li> <li>2. Indian Sociologists</li> </ol>
<b>Annual Exam</b>	Full Syllabus

### Project

Duration	Activity	Objective	Details & Evaluation
The Academic year 2025-26	Project for the Academic Year	To analyze a social issue and to prepare a report	<p>The Project Report-15 marks</p> <p>Viva- 5 marks</p>

**Class: XI****Scheme of Work: 2025 -'26****Sub: Political Science**

S.N	Month	No. of ID	Indian Constitution at Work	Political Theory
1	April-2025	09	NIL	NIL
2	May-2025	25	Chapter-1: Constitution: Why & How?	NIL
3	June-2025	10	Chapter-2 : Rights in the Indian Constitution	NIL
4	July-2025	09	Chapter-3:Election and Representation	Chapter 1: Political theory: An Introduction.
5	August-2025	23	Chapter-4: The Executive.	Chapter 2: Freedom
6	September-2025	16	Chapter-5: The Legislature	Chapter 3: Equality
7	October-2025	20	Chapter-6: The Judiciary.	Chapter 4: Social Justice
8	November-2025	22	Chapter-7: Federalism	Chapter 5: Rights
9	December-2025	11	Chapter-8: Local Governments	Chapter 6: Citizenship
10	January-2026	21	Chapter-9: Constitution as a living document	Chapter 7: Nationalism
11	February-2026	23	Chapter -10: The Philosophy of the Constitution	Chapter 8: Secularism
12	March-2026	19	Revision & Annual Examination	Revision & Annual Examination

### Portion for Assessments-2025-'26

PT-1	Chapter-1: Constitution; Why and how? Chapter : 2: Rights in the Indian Constitution	Chapter 1: Political theory : An Introduction
Half Yearly Exam/PT-2	Chapter-1: Constitution; Why and how? Chapter-2: Rights in the Indian Constitution Chapter.3 : Election and Representation	Chapter 1: Political theory : An Introduction Chapter 2: Freedom Chapter 4: Equality
PT-3	Chapter-4: Executive. Chapter.5 : Legislature	Chapter 5: Rights Chapter 6: Citizenship
Annual Assessment	Full Syllabus	Full Syllabus

### Projects/Subject Enrichment Activities

Month	Activity	Objective/s	Rubrics for Evaluation
2025 - 26	Project Work as per the CBSE Curriculum.	<p>To enable learners to:</p> <ul style="list-style-type: none"> <li>probe deeper into personal enquiry, initiate action and reflect on knowledge and skills, views etc. acquired during the course of class XI-XII.</li> <li>analyse and evaluate real world scenarios using theoretical constructs and arguments.</li> <li>demonstrate the application of critical and creative thinking skills and abilities to produce an independent and extended piece of work.</li> <li>follow up aspects in which learners have interest.</li> <li>develop the communication skills to argue logically.</li> </ul>	<ol style="list-style-type: none"> <li>1. Introduction/ overview – 2 Marks</li> <li>2. Variety of contents – 3 Marks</li> <li>3. Presentation – 3 Marks</li> <li>4. Conclusion – 1 Mark</li> <li>5. Bibliography – 1 Mark</li> <li>6. Viva- voce – 10 Marks</li> </ol> <p style="text-align: center;"><b>TOTAL – 20 MARKS</b></p>

Sl.no	Month	No of Instructional Days	Statistics for Economics	Introductory Microeconomics
01	May 12 <sup>TH</sup>	17	Unit 1: Introduction	Unit: 4 : Introduction
02	June & July	10+ 9=19	Unit 2: Collection, Organisation & Presentation of Data	Unit 4: Central problems of an economy
03	August	23	Unit 3: Measures of Central tendency:	Unit 5: Consumer's Equilibrium & Demand : Cardinal utility analysis.
04	September	16	Unit 3: Measures of Central tendency:	Unit 5: Consumer's Equilibrium & Demand :
05	October	20	Unit 3: Correlation	Unit 6: Producer behaviour and Supply
06	November	22	Unit 3: Correlation	Unit 6: Producer behaviour and Supply
07	December	11	Unit 3: Introduction to Index Numbers	Unit 7: Forms of Market & Price determination Under Perfect Competition with simple applications.
08	January (2026)	21	Unit 3: Introduction to Index Numbers	Unit 7: Forms of Market & Price determination Under Perfect Competition with simple applications.
09	February, 2026	23	Revision	Revision
<b>SUBJECT MAGAZINE FOR HALF YEARLY FOR EVALUATION OF 20 MARKS: 24/07/25 ( Internal assessment)/ presentation</b>				
<b>PROJECT AS PER CBSE GUIDELINES , SUBMISSION ON 24/07/2025( Annual, Project viva), Viva will be conducted / Presentation</b>				
<b>PORTION FOR ASSESSMENT</b>				
09	June		PT 1: ( Unit 1, 2)	Unit: 4
10	Sept		HY: Unit: 1,2,3	Unit: 4,5
11	March		AE: Unit: 1,2,3	Unit: 4,5,6,7

**CRITERIA FOR PROJECT WORK/ SUBJECT MAGAZINE**

Month	Activity	Objective	Details & Evaluation	Submission
April /May	Choose Topic	<ul style="list-style-type: none"> <li>➤ Probe deeper into theoretical concepts learnt in classes.</li> <li>➤ Demonstrate the learning of economic theory</li> <li>➤ Follow up aspects of economics in which learners have interest.</li> </ul>	➤ Relevance of the topic - 3	
	Collection of data/material			
June	Organisation of data/material		➤ Research work-6	
	Presentation of data/material			
August-	Analysing the material/data for conclusion		➤ Presentation-3	Magazine (Class –XI & XII). Both have to submit (24/7/25)
October	Draw conclusion		➤ Viva-voce-8	
December	Presentation of the project			
July/ October/November	Project Submission	For Half Yearly- Date mention	For Annual /CBSE	Project (Class – XI & XII). Both have to Submit.(24/7/25)



**Class: XI HUM**

**Scheme of Work: 2025-26**

**Sub: Geography**

S.N	Month	No. of ID	Fundamentals of Physical Geography	India: Physical Environment	Practical work
1	May 2025	25	Geography as a discipline (L 1) <b>The Origin and Evolution of the Earth (L 2)</b>		Introduction to maps Map Scale
2	June 2025	15	Interior of the Earth (L 3) Distribution of Oceans and Continents(L 4)	India — Location (L 1)	Latitude, Longitude and Time
3	July-2025	06		Structure and Physiography (L 2)	
	Aug-2025	24	Geomorphic Processes (L 6) <b>Landforms and their Evolution (L7)</b>	Drainage System (L 3) Natural Vegetation (L 5)	<b>Map Projections</b>
5	Sep-2025	16	Composition and Structure of Atmosphere (L 8) Solar Radiation, Heat Balance and Temperature (L 9)		<b>Map Projections</b> <b>Topographical Maps</b>
6	Oct-2025	20	<b>Atmospheric Circulation and Weather Systems (L 10)</b> Water in the Atmosphere (L 11)		<b>Topographical Maps</b>
7	Nov-2025	23		<b>Climate (L 4) Jan 2026</b>	Introduction to Aerial Photography
8	Dec-2025	09	Water (Oceans) (L 13)		Introduction to remote sensing
9	Jan-2026	21	Movements of Ocean Water (L 14) & Revision		
10	Feb-2026	24	<b>Revision &amp; Annual Examination</b>		
11	March-2026	19	<b>Annual Examination</b>		

**Portion for Assessments-2025-26**

PT-1 (August)	Half Yearly Exam	PT-2	Annual Exam
Fundamental of Physical Geography: L 1,2 & 3 India-L1	Fundamental of Physical Geography: Unit I, II and III (L 1 to 6) India: Physical Environment: L 1,2 & 3	Fundamental of Physical Geography: L 7 India: Physical Environment: L 5	Full syllabus

Class: XI

Scheme of Work: -2025-26

Sub: History

S.N	Month	No. of ID	Themes in World History
1	May-2025	25	<b>Section: I Early Societies</b> Introduction to World History Theme: 1 Writing and City Life (The Mesopotamia Civilization)
2	June-2025	10	<b>Section II: Empires</b> Theme:2 An Empire across three Continents (The Roman Empire)
3	July-2025	09	<b>Section II: Empires</b> Theme:2 An Empire across three Continents (The Roman Empire) <b>contd.</b>
4	Aug-2025	23	Section II: Empires Theme: 3 Nomadic Empires (the Mongol Empire) <b>Section- III : Changing Traditions</b> Theme: 4 The Three Orders (Rise of the Feudal System)
5	Sep-2025	16	<b>Section- III : Changing Traditions</b> Theme: 4 The Three Orders (Rise of the Feudal System) <b>contd.</b>
6	Oct-2025	20	<b>Section-III: Changing Traditions</b> Theme: 5 Changing cultural traditions (Renaissance & Reformation)
7	Nov-2025	22	<b>Section-III: Changing Traditions</b> Theme: 6 Displacing indigenous people (Colonization of North America & Australia)
8	Dec-2025	11	<b>Section- IV: Towards Modernisation</b> Theme: 7 Paths to Modernisation (History of Japan, China and Korea)
9	Jan-2026	21	<b>Section- IV: Towards Modernisation</b> Theme: 7 Paths to Modernisation (History of Japan, China and Korea) <b>contd.</b>
10	Feb-2026	25	<b>REVISION</b>
11	March-2026		<b>Annual Examination</b>

Class: XI

Portion for Assessments—2025-2026

Sub: History

PT-1	<b>Section I: Early Societies</b> Theme: 1 Writing and City Life (The Mesopotamia Civilization) <b>Section II: Empires</b> Theme:2 An Empire across three Continents (The Roman Empire)
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<b>Half Yearly Exam</b>	<b>Section I: Early Societies</b> Theme: 1 Writing and City Life (The Mesopotamia Civilization) <b>Section II: Empires</b> Theme: 2 An Empire across three Continents (The Roman Empire) Theme: 3 Nomadic Empires (the Mongol Empire) <b>Section- III : Changing Traditions</b> Theme: 4 The Three Orders (Rise of the Feudal System)
<b>PT-2</b>	<b>Section-III: Changing Traditions</b> Theme: 5 Changing cultural traditions (Renaissance & Reformation) Theme: 6 Displacing indigenous people (Colonization of North America & Australia)
<b>Annual Exam</b>	<b>Full Syllabus</b>

### Projects/Subject Enrichment Activities

Month	Activity	Objective/s	Details & Evaluation
<b>Aug-Nov 2025</b>	Project work on the given topics by CBSE	Project work will help students: <ul style="list-style-type: none"> <li>• To develop skill to gather data from a variety of sources, investigate diverse viewpoints and arrive at logical deductions.</li> <li>• To develop skill to comprehend, analyze, interpret, evaluate historical evidences and understand the limitation of historical evidence.</li> <li>• To develop 21st century managerial skills of co-ordination, self-direction and time management.</li> <li>• To learn to work on diverse cultures, races, religions and lifestyles.</li> <li>• To learn through constructivism-a theory based on observation and scientific study.</li> <li>• To inculcate a spirit of inquiry and research.</li> <li>• To communicate data in the most appropriate form using a variety of techniques.</li> <li>• To provide greater opportunity for interaction and exploration.</li> <li>• To understand contemporary issues in context to our past.</li> <li>• To develop a global perspective and an international outlook.</li> <li>• To grow into caring, sensitive individuals capable of making informed, intelligent and independent choices.</li> </ul>	All the students will complete a project on topics (prescribed by the CBSE) which will be assigned to them. They will do research, collect materials, compile all their work and make the final draft. <ul style="list-style-type: none"> <li>• Project Synopsis- 2 marks</li> <li>• Timeline/Explanation and Interpretation/Map Work -5 marks</li> <li>• Visual/Overall presentation- 4 marks</li> <li>• Data/Analysis/Statistical Analysis-4 marks</li> <li>• Bibliography- 1 mark</li> <li>• Viva -4 marks</li> </ul>
<b>Jan- 2026</b>	Map Work	As prescribed in the CBSE Curriculum	

## Scheme of Work : 2025-26

**CLASS-XI**

**SUB-Applied Mathematics(241)**

Sl.no.	Month	No.of ID	UNITS/TOPICS TO BE COVERED
1	May	25	<b>Unit 0 Preliminaries of class 10 mathematics</b> <ul style="list-style-type: none"> <li>Linear and quadratic equations</li> <li>Co-ordinate geometry</li> </ul> <b>Unit I Numbers, Quantification and Numerical Applications</b> <ul style="list-style-type: none"> <li>Binary Numbers</li> <li>Indices, Logarithm and Antilogarithm</li> <li>Laws and properties of logarithms</li> <li>Simple applications of logarithm and antilogarithm</li> <li>Numerical problems on averages, calendar and clock, time, work and distance, mensuration, seating arrangement.</li> </ul>
2	June	10	<b>Unit II Algebra</b> <ul style="list-style-type: none"> <li>Sets</li> <li>Types of sets</li> <li>Set operations</li> </ul>
3	July	9	<b>Unit II Algebra (Continued)</b> <ul style="list-style-type: none"> <li>Venn diagram</li> <li>Problem solving using Venn diagram</li> </ul>
4	Aug	23	<b>Unit II Algebra (Continued)</b> <ul style="list-style-type: none"> <li>De Morgan's laws</li> <li>Relations and types of relations</li> <li>Introduction of Sequences, Series</li> <li>Arithmetic and Geometric progression</li> <li>Relationship between AM and GM</li> <li>Application of A.P and G.P in real life</li> </ul> <p style="text-align: right;"><b>REVISION FOR PT-1</b></p>
5	Sept	16	<ul style="list-style-type: none"> <li>Basic concepts of Permutations and Combinations</li> <li>Permutations</li> <li>Combinations with standard results</li> <li>Application of P and C in daily life</li> </ul>

6	Oct	20	<p><b>Unit III Mathematical and Logical Reasoning</b></p> <ul style="list-style-type: none"> <li>Mathematically acceptable statements</li> <li>Connecting words/ phrases in Mathematical statement consolidating the understanding of "if and only if (necessary and sufficient) condition", "implies", "and/or", "implied by", "and", "or", "there exists" and their use through variety of examples related to real life and Mathematics</li> <li>Problems based on logical reasoning (coding-decoding, odd man out, blood relation, syllogism etc.)</li> </ul> <p><b>Unit IV Calculus</b></p> <ul style="list-style-type: none"> <li>Introducing functions</li> <li>Domain and Range of a function</li> <li>Types of functions (Polynomial function; Rational function; Logarithm function; Exponential function; Modulus function; Greatest Integer function, Signum function)</li> <li>Graphical representation of functions</li> </ul> <p style="text-align: right;"><b>REVISION FOR H/Y</b></p>
7	Nov	22	<ul style="list-style-type: none"> <li>Concept of limits and continuity of a function</li> <li>Instantaneous rates of change</li> <li>Differentiation as a process of finding derivative</li> <li>Derivatives of algebraic functions using Chain rule</li> </ul> <p><b>Unit V Probability</b></p> <ul style="list-style-type: none"> <li>Random experiment, sample space, events, mutually exclusive events</li> <li>Conditional probability</li> <li>Independent and Dependent Events</li> <li>Law of Total Probability</li> <li>Bayes' Theorem</li> </ul>
8	Dec	11	<p><b>Unit VI Descriptive Statistics</b></p> <ul style="list-style-type: none"> <li>Data interpretation ( dispersion, deviation, variance, skewness and kurtosis)</li> <li>Percentile rank and quartile rank</li> </ul>
9	Jan	21	<p><b>Unit VI Descriptive Statistics (Continued)</b></p> <ul style="list-style-type: none"> <li>Correlation (Pearson and Spearman method of correlation)</li> <li>Applications of descriptive statistics using real time data</li> </ul> <p><b>Unit VII Basics of Financial Mathematics</b></p> <ul style="list-style-type: none"> <li>Interest and interest rate</li> <li>Accumulation with simple and compound interest</li> </ul> <p style="text-align: right;"><b>REVISION FOR PT-2</b></p>

10	Feb	23	<ul style="list-style-type: none"> <li>• Simple and compound interest rates with equivalency</li> <li>• Effective rate of interest</li> <li>• Present value, net present value and future value</li> <li>• Annuities, calculating value of regular annuity</li> <li>• Simple applications of regular annuities (up to 3 period)</li> <li>• Tax, calculation of tax and simple applications of tax calculation in Goods and service tax, Income Tax</li> <li>• Bills, tariff rates, fixed charge, surcharge, service charge</li> <li>• Calculation and interpretation of electricity bill, water supply bill and other supply bills</li> </ul> <p>(Comparing interest rates on various types of savings; calculating income tax; electricity bills, water bill; service surcharge using realistic data)</p> <p><b>Unit VIII Coordinate Geometry</b></p> <ul style="list-style-type: none"> <li>• Straight Line</li> <li>• Circles</li> <li>• Parabola</li> </ul> <p style="text-align: right;"><b>REVISION FOR ANNUAL</b></p>
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**Portion for Assessments-2025-26**

<b>PT-1</b>	<p><b>Unit I Numbers, Quantification and Numerical Applications</b></p> <ul style="list-style-type: none"> <li>• Binary Numbers</li> <li>• Indices, Logarithm and Antilogarithm</li> <li>• Laws and properties of logarithms</li> <li>• Simple applications of logarithm and antilogarithm</li> <li>• Numerical problems on averages, calendar, clock, time, work and distance, mensuration, seating arrangement</li> </ul> <p><b>Unit II Algebra</b></p> <ul style="list-style-type: none"> <li>• Sets</li> <li>• Types of sets</li> <li>• Venn diagram</li> <li>• De Morgan's laws</li> <li>• Problem solving using Venn diagram</li> <li>• Relations and types of relations</li> </ul>
<b>H/Y</b>	<p><b>Unit I Numbers, Quantification and Numerical Applications</b></p> <p><b>Unit II Algebra</b></p> <p><b>Unit III Mathematical and Logical Reasoning</b></p> <p><b>Unit IV Calculus ( Till functions)</b></p>

<b>PT-2</b>	<b>Unit IV Calculus ( Limits, continuity and derivatives)</b> <b>Unit V Probability</b> <b>Unit VI Descriptive Statistics</b>
<b>Annual</b>	<b>Entire syllabus (unit I to VIII)</b>

### **PRACTICALS**

1. Plot the graph of functions on excel; study the nature of function at various points, drawing lines of tangents;
2. Prepare best option plan to buy a product by comparing cost, shipping charges, tax and other hidden cost;
3. Prepare a report card using scores of last four exams and compare the performance;
4. Collect the data on weather, price, inflation, and pollution. Sketch different types of graphs;
5. To obtain the mean , standard deviation and coefficient of variation for two large distributions and analysis the data.
6. To calculate coefficient skewness and kurtosis for a large frequency distribution.
7. To obtain the coefficient of correlation for given large distribution.
8. To calculate the Spearman's Rank correlation coefficient for given large data.

### **PROJECTS**

1. Logarithms for financial calculations such as interest, present value, future value, profit/loss etc with large values
2. Comparing sets of Natural numbers, rational numbers, real numbers and others; Use of Venn Diagram in solving practical problems
3. Fibonacci Sequence: Its' history and presence in nature
4. Testing the validity of mathematical statements and framing truth tables
5. Prime numbers and divisibility rules.
6. Use of prime numbers in coding and decoding of messages

### **ASSESSMENT OF PRACTICAL AND PROJECT**

Sr.No.	Area and weightage	Assessment Area	Marksallocated
1	Project work (10 marks)	Project work and record	5
		Year End Presentation/Viva of the Project	5
2	Practical work (10 marks)	Performance of practical and record	5
		Year end test of any one practical	5
Total			20

**दिल्ली पब्लिक स्कूल, नुमालिगढ़**  
**पाठ योजना : 2025-26**

**कक्षा : 11**

**विषय : हिंदी**

क्र. स.	माह	कार्य दिवस	आरोह - 1	वितान - 1	अभिव्यक्ति और माध्यम
1	अप्रैल-2025	9			
2	मई-2025	25	पाठ 1: नमक का दारोगा पाठ 2: मियाँ नसीरुद्दीन कविता 1: हम तौ एक एक करि जाना (कबीर) कविता 2: मेरे तो गिरधर गोपाल, दूसरो न कोई कविता 6: चंपा काले -काले अच्छर नहीं चीन्हती	भारतीय गायिकाओं में बेजोड़ - लता मंगेशकर	पाठ: 1 और 2
3	जून-2025	10	पाठ 5: गलता लोहा पाठ 3: अपू के ढाई साल		पाठ: 9
4	जुलाई-2025	09			
5	अगस्त -2025	23	पाठ 4: विदाई संभाषण कविता :5 घर की याद	राजस्थान की रजत बूँदें	पाठ:10 और 14
6	सितंबर-2025	16	अभ्यास	अभ्यास	अभ्यास
7	अक्टूबर-2025	20	पाठ 8 जामुन का पेड़ कविता 6: चंपा काले -काले अच्छर नहीं चीन्हती (पुनरावर्तन )	आलो -अंधारि	
8	नवंबर-2025	22	पाठ 7 रजनी कविता 8 हे! भूख मत मचल कविता 8 हे! मेरे जूही के फूल जैसे ईश्वर		पाठ: 15 और 16
9	दिसंबर-2025	11	कविता 9 सबसे खरतनाक	भारतीय कलाएँ	
10	जनवरी -2026	21	पाठ 9 भारत माता कविता 10 आओ मिलकर बचाएँ		
11	फरवरी -2026	23	पुनरावर्तन	पुनरावर्तन	पुनरावर्तन
12	मार्च -2026	19	परीक्षा	परीक्षा	परीक्षा



**परीक्षा के लिए भाग – 2025-2026**

<b>PT-1</b>	नमक का दारोगा ,मियाँ नसीरुद्दीन, हम तौ एक एक करि जाना ,मेरे तो गिरधर गोपाल, दूसरो न कोई चंपा काले -काले अच्छर नहीं चीन्हती		
<b>Half Yearly Exam</b>	नमक का दारोगा, मियाँ नसीरुद्दीन, हम तौ एक एक करि जाना, मेरे तो गिरधर गोपाल, दूसरो न कोई, गलता लोहा, अपू के ढाई साल, घर की याद	भारतीय गायिकाओं में बेजोड़ लता मंगेशकर, राजस्थान की	
<b>PT-2</b>	जामुन का पेड़, चंपा काले -काले अच्छर नहीं चीन्हती रजनी, हे भूख मत मचल	आलो -अंधारि	
<b>Annual Exam</b>	संपूर्ण पाठ्यक्रम	संपूर्ण पाठ्यक्रम	संपूर्ण पाठ्यक्रम

**परियोजना /विषय संवर्धन गतिविधि**

माह	गतिविधि	उद्देश्य	मूल्यांकन बिंदु
जुलाई-2025	वाचन कौशल : (आशुभाषण) दिए गए विषय पर अपने विचार प्रस्तुत करना।	बोलने के समय की हिचकिचाहट को दूर करना	आत्म विश्वास, शब्द चयन तारतम्यता
अगस्त-2025	परिचर्चा – राजस्थान के खान पान और स्वास्थ्य	राजस्थान के इतिहास और विविध रूपों से परिचय	अनुसंधान, भाषिक शुद्धता, लिखावट, रचनात्मकता, प्रस्तुतीकरण
अक्टूबर-2025	वाचन कौशल : (आशुभाषण) दिए गए विषय पर अपने विचार प्रस्तुत करना।	बोलने के समय की हिचकिचाहट को दूर करना	आत्म विश्वास, शब्द चयन तारतम्यता
दिसंबर-2025	एकल क्रिया-कलाप : (वाच्य एवं श्रवण कौशल) - ध्वनि प्रस्तुति को ध्यानपूर्वक सुनकर पूछे गए प्रश्नों के उत्तर दीजिए।	वाच्य एवं श्रवण कौशल का विकास।	स्मृति शक्ति, उच्चारण, बोध स्तर, आत्मविश्वास

S.N	Month	No. of ID	NCERT Home Science Text book (Part I & Part II)	Activity
1.	April 2025	08	Unit I: Introduction to Home Science Unit II: Understanding oneself: Adolescence Ch - Understanding the Self. A. 'Who am I'?	
1.	May -2025	17	B. Development and Characteristics of the Self(Development characteristics and needs of adolescents) C. Influences on Identity	1.Understanding oneself with reference to: a) Physical development in terms of age, height, weight, hip and chest circumference. b) Sexual maturity (Age at menarche, Development of breasts: girls). Growth of beard, change in voice: boys)
2.	June -2025	10	Ch.- Food, Nutrition, Health and Fitness	2. Observe developmental norms: (Physical, Motor, Language and social - emotional) birth to three years. 3.a) Record own diet for a day b) Evaluate qualitatively for adequacy
3.	July-2025	9	Ch. - Management of Resources	
3.	Aug-2025	23	Ch.- Fabric Around us	4. Relationship of fibre properties to their usage: a) Thermal property and flammability b) Moisture absorbency and comfort
4.	Sep- 2025	16	Ch-Media and Communication Technology	
5.	October-2025	20	Unit III: Understanding family, community and society Ch.- Relationships and interactions with 'Significant Others'.	5. List and discuss 4-5 areas of agreement and disagreement with a) Mother b) Father c) Siblings/ Friends d) Teacher
6.	November-2025	22	Ch. - Concerns and needs in diverse contexts: a. Nutrition, Health and Hygiene b. Resources Availability and Management Unit IV: Childhood Ch.-Survival, Growth and Development Ch.- Nutrition, Health and Wellbeing Ch- Our Apparel	6. a) Record one day's activities relating to time use and work b) Prepare a time plan for yourself 7. Preparation of different healthy snacks for an adolescent suitable in her/his context. 8.a) Record the fabrics and apparel used in a day b) Categorize them according to functionality
7.	Dec -2025	11	Unit V: Adulthood	

			Ch.- Health and Wellness	
8.	Jan-2026	21	Ch.- Financial Management and planning	9. Plan a budget for a given situation/purpose
9.	Feb- 2026	23	Ch.- Care and Maintenance of fabrics Revision	10. (a) Analyze label of any one garment with respect to: Clarity, fiber content, size and care instruction (a) Prepare one care label of any garment. (b) Analyze two different fabric samples for color fastness
12.	March-2026	19	Annual exam	

### Portion for Assessments-2025-26

<b>PT-1</b>	<b>Unit I: Introduction to Home Science</b> <b>Unit –II- Understanding Oneself: Adolescence</b> <ul style="list-style-type: none"> <li>• Understanding the Self. What Makes Me ‘I’?</li> <li>• . Development and Characteristics of the Self(Development characteristics and needs of adolescents)</li> <li>• Influences on Identity</li> <li>• Food ,Nutrition ,Health and Fitness</li> </ul>
<b>Half yearly</b>	Unit I: Introduction to Home Science Unit II: Understanding oneself: Adolescence Ch- Understanding the Self. A. ‘Who am I’? B. Development and Characteristics of the Self(Development characteristics and needs of adolescents) C. Influences on Identity Ch.- Food, Nutrition, Health and Fitness Ch. - Management of Resources Ch.- Fabric Around us Ch-Media and Communication Technology
<b>PT-2</b>	Ch. - Concerns and needs in diverse contexts: a. Nutrition, Health and Hygiene b. Resources Availability and Management
<b>Annual</b>	Full syllabus

**Class-XI**
**Scheme of Work: 2025-26**
**Subject-Physical Education**

S. No.	Month	No. Of ID	Health and physical education	Practical
1	May 2024	25	<b>Changing Trends And Career In Physical Education</b> <ul style="list-style-type: none"> <li>• Concept, Aims and Objectives Of Physical Education</li> <li>• Changing trends in sports- playing surface, wearable gears and sports equipment, technological advancement</li> <li>• Career Options In Physical Education</li> <li>• Khelo-India and Fit India Program</li> </ul>	
2	June 2025 July 2025	10 09	<b>Olympism</b> <ul style="list-style-type: none"> <li>• Ancient and Modern Olympics</li> <li>• Olympism-Concept and Olympic value</li> <li>• Olympic Symbols, Ideals, Objectives And Values Of Olympism</li> <li>• Olympic movement structure- IOC, NOC, IFS, other members</li> </ul>	Athletics
3	August 2025	23	<b>Physical Fitness, Wellness And Lifestyle</b> <ul style="list-style-type: none"> <li>• Meaning And Importance Of Physical Fitness, Wellness And health</li> <li>• Components Of health, Physical Fitness And Wellness</li> <li>• Traditional sports and regional games for promoting wellness</li> </ul>	History Of Main Game
4	September 2025	16	<b>Physical Education And Sports For Cswn</b> <ul style="list-style-type: none"> <li>• Concept of disability and disorder</li> <li>• Types of disability, its causes and nature</li> <li>• Aims and objectives of adaptive physical education</li> <li>• Concept Of Inclusion, It's Need And Implementation</li> <li>• Role Of Various Professionals For Children With Special Needs (Counselor, Occupational Therapist, Physiotherapist, Physical Education Teacher, Speech Therapist And Special Educator)</li> </ul>	Basic Skills
5	October 2025	20	<b>Yoga</b> <ul style="list-style-type: none"> <li>• Meaning And Importance Of Yoga</li> <li>• Introduction to ashthang yoga</li> <li>• Introduction-Asanas, Pranayam, Meditation And Yogic Kriyas</li> <li>• Introduction to yogic kriyas</li> </ul>	Physical Fitness
6	November 2025	22	<b>Fundamentals Of Anatomy, Physiology And Kinesiology In Sports</b>	BMI Of 10

			<ul style="list-style-type: none"> <li>• Definition and importance of Anatomy and Physiology in exercise and Sports</li> <li>• Functions of skeletal system, classification of bones and type of joints</li> <li>• Function and structure of circulatory system and heart</li> <li>• Function and structure of respiratory system</li> </ul>	Members With Graphical Representation
7	November 2025	22	<b>Test, Measurement And Evaluation</b> <ul style="list-style-type: none"> <li>• Concept of Test, Measurement And Evaluation</li> <li>• Classification of Test in Physical Education and sports</li> <li>• Test administration guidelines in Physical Education and Sports</li> </ul>	
8	December 2025	11	Fundamentals of Kinesiology and Biomechanics in Sports <ul style="list-style-type: none"> <li>• Definition And Importance Of Kinesiology and Biomechanics in Sports</li> <li>• Principles of Biomechanics</li> <li>• Type of body movements- flexion, extension, abduction, adduction, rotation, circumduction, supination and pronation</li> <li>• Axis and planes- Concept and its application in body movements</li> </ul>	
9	December 2025	11	<b>Psychology In Sports</b> <ul style="list-style-type: none"> <li>• Definition And Importance Of Psychology In Physical Education And Sports</li> <li>• Adolescent Problems &amp; Their Management</li> <li>• Team cohesion and Sports</li> </ul>	
10	January 2026	21	<b>Training And Doping In Sports</b> <ul style="list-style-type: none"> <li>• Concept and Principles Of Sports Training</li> <li>• Training load, Over load, Adaptation and recovery</li> <li>• Concept of doping and it's disadvantages</li> </ul>	
11	January 2026	21	<b>Practical</b> <ul style="list-style-type: none"> <li>• <b>Physical Fitness Test</b></li> <li>• <b>Skills Of Main Game</b></li> <li>• <b>Graphical Representation Of BMI</b></li> </ul>	
12	February 2025	23	<b>Revision</b>	

### Portion for Assessments- 2025-26 for Class-XI

Assessment	Chapters	Practical
PT-1	Unit-1: changing trends and career in physical education Unit-2: Olympic value education	
Half yearly exam	Unit-1: changing trends and career in physical education Unit-2: Olympic value education Unit-3: physical fitness, wellness and lifestyle Unit-4: physical education and sports for CSWN Unit-5: yoga	Physical efficiency test with project file
PT-2	Unit test-6: physical activity and leadership training Unit test-7: test, measurement and evaluation	
Annual exam	Unit-1: changing trends and career in physical education Unit-2: Olympic value education Unit-3: physical fitness, wellness and lifestyle Unit-4: physical education and sports for CSWN Unit-5: yoga Unit test-6: physical activity and leadership training Unit test-7: test, measurement and evaluation Unit test-8: fundamentals of anatomy, physiology and kinesiology in sports Unit test-9: psychology in sports Unit test-10: training and doping in sports	Physical efficiency test with project file

**Class: XI****Scheme of Work: 2025-26****Sub: Psychology**

S.N	Month	No. of ID	Unit to be Covered	PRACTICAL
1	May 2025	25	<ul style="list-style-type: none"><li>What is Psychology?</li></ul>	
2	June 2025	10	<ul style="list-style-type: none"><li>Basis of human Behaviour</li><li>Human Development</li></ul>	
3	July 2025	09	<ul style="list-style-type: none"><li>Human Development</li></ul>	PPT On Stages of human Development
4	August 2025	23	<ul style="list-style-type: none"><li>Learning</li><li>Human Memory</li></ul>	SERIAL AND FREE RECALL
5	September 2025	16	<ul style="list-style-type: none"><li>Human Memory</li></ul>	
6	October 2025	20	<ul style="list-style-type: none"><li>Sensory,Attention and Perceptual Processes</li></ul>	
7	November 2025	22	<ul style="list-style-type: none"><li>Method of Psychological Enquiry</li></ul>	
8	December 2025	11	<ul style="list-style-type: none"><li>Thinking</li></ul>	
9	January 2026	21	<ul style="list-style-type: none"><li>Thinking</li></ul>	SCAT
10	February 2026	23	<ul style="list-style-type: none"><li>Motivation and Emotions</li></ul>	
11	March 2026	19	<ul style="list-style-type: none"><li>Revision</li></ul>	

## Portion for Assessments-2025-26( Psychology CLASS XI)

PT-1 June 2025	<ul style="list-style-type: none"> <li>• What is Psychology?</li> <li>• Basis of Human Behaviour</li> <li>• Human Development</li> </ul>	
Half Yearly Exam Sep 2025	<ul style="list-style-type: none"> <li>• What is Psychology?</li> <li>• Basis of Human Behaviour</li> <li>• Human Development</li> <li>• Learning</li> <li>• Human Memory</li> </ul>	Serial and Free Recall
Pt-2 Dec 2025	<ul style="list-style-type: none"> <li>• Human Memory</li> <li>• Sensory ,Attention and Perceptual Processes</li> <li>• Method of Psychological Enquiry</li> </ul>	
ANNUAL EXAM March 2026	Full Syllabus	2 PRACTICALS

## Projects/Subject Enrichment Activities

Month	Activity	Objective/s	Details & Evaluation
July-August	Presentation on Human Development	The students will have a first hand knowledge about the stages of Development.	<ul style="list-style-type: none"> <li>• Correct information (content)</li> <li>• Presentation (written in clear manner)</li> <li>• Communication</li> </ul>
September-October	Flow Chart Detailed presentation of the control processes of human memory.	<ul style="list-style-type: none"> <li>• Better understanding of the concept of SM,STM and LTM</li> </ul>	<ul style="list-style-type: none"> <li>• Correct information</li> <li>• Presentation</li> <li>• Understanding and Knowledge</li> <li>• Creative and neatness.</li> </ul>
December-January	Report writing The students will conduct a project on methods of Enquiry	<ul style="list-style-type: none"> <li>• The students will have a first hand knowledge and understanding of the different sensory processes</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation</li> <li>• Information (content)</li> <li>• Understanding and Knowledge</li> <li>• On time submission</li> </ul>